

CIVILIAN LEADERSHIP DEVELOPMENT SCHOOL

IDP COMPETENCY TEMPLATE

Build skills at every level in the AF Foundational Competencies.



PERSEVERANCE

Developing Self

How to use this guide: Compare your capabilities to the behaviors below to identify your current skill level. Ask: “Do I regularly practice this behavior already? Or this is a skill I need to build?” Once you identify your growth areas, place actions from the “Steps to Take” category on your IDP and calendar as things to do over the next few months to build your capabilities. Celebrate your improvements and keep learning!

SAMPLE BEHAVIORS FROM AF HANDBOOK 36-2647

SOME RESOURCES TO STUDY

BASIC	<ul style="list-style-type: none">Persists after criticismKeeps at it when trying to learn something challenging	<p>Building a Perseverance Toolkit (3:48min) Video https://usaf.percipio.com/videos/023b6190-0224-48aa-96ec-fa377162725f</p> <p>Strength under Pressure: Building Perseverance and Resilience (22:02min) Course https://usaf.percipio.com/courses/a46db44e-5572-4b45-b743-b7d64bf9e6d6/videos/24c65b74-ddcc-4cbc-a722-cfae56d8faf0</p>
INTERMEDIATE	<ul style="list-style-type: none">Displays commitment to achieving difficult work goals in challenging environmentsOvercomes setbacks in order to achieve goals	<p>Accomplishing Goals with Perseverance and Resilience (27:01Min) Course https://usaf.percipio.com/courses/d007317e-e82d-4bcb-ad5d-d8ca1e7335d4/videos/c44f7d34-a3ac-4f84-9e14-3e4a96dd5269</p> <p>Endure: How to Work Hard, Outlast, and Keep Hammering - Book Summary (7min) https://usaf.percipio.com/books/60d552bb-6b17-49c6-8b85-9b50d580087a</p>
ADVANCED	<ul style="list-style-type: none">Models perseverance and effort in pursuit of challenging, long-term goalsMaintains focus on long-term projects	<p>Stronger Through Adversity: World-Class Leaders Share Pandemic-Tested Lessons on Thriving During the Toughest Challenges – Book Summary (10min) https://usaf.percipio.com/books/4c77afd9-4301-403e-870a-97862f503adc</p> <p>Grit to Great: How Perseverance, Passion, and Pluck Take You from Ordinary to Extraordinary – Audio Book (3:52:45hr) https://usaf.percipio.com/audiobooks/5d59b960-b464-11e7-9c7a-4e99e0664338?i=0</p>
EXPERT	<ul style="list-style-type: none">Helps others regain motivation and commitment to long-term goals after major setbacksOvercomes initial objections of others; persuades others to provide needed resources or other tangible support for a long-term goal	<p>Leading through Disruption (41:20min) Course https://usaf.percipio.com/courses/0c350b10-5f2d-11e8-82bf-0fdcca8e1518/videos/6790ccb0-5f2d-11e8-82bf-0fdcca8e1518</p> <p>Crisis Management Skill Benchmark (6min) https://usaf.percipio.com/assessments/0341979f-6e33-476a-b810-b23be3a24e2a#landing</p>